Children and Adolescent Subcommittee  
Behavioral Health Planning Council  
May 18, 2010 - Draft Minutes

Attendance

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<td>Jeff welcomed those in attendance and introductions were held. Marisol arrived shortly after the beginning of the meeting and also welcomed participants. Carol Cope, LC9, had questions about what sorts of activities were going on for Mental Health Awareness Week in other parts of the state. Jeff will send her an email with this information.</td>
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<td>Announcements</td>
<td>Sam Baca made an announcement about QSR, handed out QSR sheets, and explained what QSR is. They are scheduling QSR reviews now through the fall. The reporting out will be videocast, and will really show what QSR is all about. The Carlsbad Mental Health videocast will be Thursday, May 20 at 1:00pm.</td>
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<td>Approval of Agenda and Minutes</td>
<td>Lisa Trujillo moved and Gail Falconer seconded and the April minutes were approved. For the agenda, Marisol added an update on Children’s Mental Health Week and a budget update. Judy Bonnell moved and Lisa Trujillo seconded, and the agenda was approved as amended.</td>
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<td>Election to membership July 1st per BHPC By Laws</td>
<td>Chris Wendell announced elections for the BHPC and its subcommittees. Chris and Susie Trujillo will run for the BHPC. We need to redesignate LC members to the subcommittee. Nominations need to be received by June 30th and voting will take place at the July meeting. Seven at-large members of the subcommittee will be elected. There are 18 voting members from LCs, and local collaboratives decide who will be their primary person for this committee. Put the elections on the July agenda; send out notification ahead of time.</td>
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<td>Update on combined Substance Abuse Workgroup and Inclusion of Youth Issues</td>
<td>Mary Sue reported that the substance abuse treatment subgroup met and felt that more language needed to be developed on parenting and treatment of adolescents. Definitions continue to be revised; they are sending wording suggestions to Coop, Inc. CASC and other representatives to the substance abuse strategic planning workgroup are working to include elders, adolescents, infant mental health, children, and everyone else in the scope of the discussion. The subgroup is trying to ensure that both the language being crafted and the treatment options being considered are person-centered, culturally appropriate, and gender-conscious. Susie feels it’s disjointed to have an adult substance abuse group that excludes children. This is why need to have CASC members at the table. Marisol informed the group that intensive outpatient services have been approved as part of the Medicaid state plan. There has been a request for children’s providers to apply with OH for this funding, but only 3 providers have submitted proposals; of these, 2 of the proposals need significant work. They need to include child and adolescent treatment services and provider education. Kristen Jones at CYFD is looking at this and taking the lead with initially implementing the matrix model. Marisol will invite her to join us for the next CASC meeting. Gail explained that this group was started as a result of Senate Memorial</td>
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71, and continued, and that this group is the substance abuse strategic planning workgroup; this group is under the adult substance abuse treatment subgroup. Among other things, this group deals with prenatal drug exposure and treatment facilities for women with children. It also addresses cultural and gender appropriate treatment. The Los Lunas residential mother/child treatment facility is one example of a gender appropriate treatment facility, though at the moment is only funded as a pilot for outreach services. Marisol told the group that the new Senate Memorial 33 is addressing this.

Success in Schools

Jessica talked about the central issues that were discussed in the past few meetings of the Success in Schools subgroup, including ongoing discussions about adolescent transitions and bullying. The group currently meets quarterly. There will be an Adolescent in Transition Summit held in June, and the group may be giving a presentation and may be partnering with other organizations.

There is a New Mexico bully prevention memorial that recommends that success in school focus on bully prevention. The subgroup has decided to create a series of 1 or 2 documents for schools and parents on what to do about bullying and girl on girl bullying. They are going to be partnering with other groups in the community like the Commission on the Status of Women (CSW) and Youth Risk Survey (YRS). The group hopes to access 2009 data from YRS on bullying to help shape their future discussions and inform their strategies.

Jessica mentioned that the subgroup would like ideas on how to promote children’s mental health and awareness throughout the year and how to plan for Child Mental Health Week throughout the year. She proposed engaging this committee for ideas and strategies in the future.

Jessica also told the group that she posted the flyers that CASC developed for Child Mental Health Week on the PED website. She informed the group that the Head To Toe conference was very successful and was attended by 406 school personnel.

Infant Mental Health Workgroup

Marisol told the group that CYFD is making decisions around allocating $1.4 million to infant mental health services; they are trying to fund a continuum of care for infants. There will be $400,000 to start funding a treatment service definition, which will be funded by non-Medicaid dollar. This is starting as the building blocks of that continuum. DBE is strategically aligned to get SOC funding for early childhood care in the future. All participants have agreed on the pay structure, and they are now tweaking the reimbursement rate for that. Marisol is going to meet with OH. Hopefully some time in the first quarter, there will be a live treatment definition. The group recognizes that the current dollars are not going to meet the need, but it is a step forward for continuum of care for infants. They want to include a training component and build capacity for treatment providers as they move forward. So policy decisions have been made, they are looking at making this operational, and the next step is to meet with OH. CYFD is trying to finalize all this by July 1, and Marisol hopes to have finalized documents with definitions by our next meeting.
Also in regards to infant care, TANF cut $500,000 for home visiting. Since January, there have been approximately 25 deaths and/or severe mistreatments of babies in the state, which is a new record high. Most of these babies were around 3 months old, and the majority of babies and families were not known to department previously or part of the system. Marisol is convinced that home visiting is one of the only services that can help with this. Despite the TANF cut, she is anticipating an increase in funding from the federal government for home visits. There is a group of home visiting experts who are aligning to look at the home visiting strategic plan and to build on it. This group is looking at the federal dollars that are available and is preparing to go after them. In the past, early childhood hasn’t always felt the need to integrate with behavioral mental health, but going forward there is a need to integrate home visits with infant mental health.

CYFD has lost $345,000 from OH for solvency out of non-Medicaid behavioral mental health dollars for children. CYFD took money out of the flex fund initially, but they’ve been working with recipients of non-Medicaid dollars to come up with strategic planning. They are going to look at the allocation of non-Medicaid dollars for children including wraparound, SOC, etc. They are doing the best they can, but by definition not everyone is going to be happy. There needs to be a move from funding providers to funding services.

CSA and SOC are structures we are building as a state. We don’t have enough money, but we have a strategic plan, so we can put every penny to the best and most effective use. Going forward, we need to be clear about who those providers are, and we need to have clear criteria for who receives money. Our hope is that we get all children’s providers building around infant mental health. We need to build capacity so we have expertise statewide. We also need to partner with BHSD and parents of infants, especially those with substance abuse issues, and that is another component. It is important to identify infant mental health needs within a family and be able to coordinate services and partner with other agencies. How do we grease the wheels in terms of CCSS and allow for subcontracting for certain needs?

Susie observed that it’s about changing the way we do things to make money go further, allowing the SOC grant to do the kind of work we do; it’s not always about new money, but about reallocating money.

### Adolescent in Transition

The Summer Transition Institute will be held June 6—9 in Taos. It will be a roundtable to share with school districts what behavioral health is all about. OH will be there, too. They are going to hand out the “wheel brochure” that talks about kids in transition from preschool all the way up. The wheel is a useful tool because it shows where kids should be and how schools can help get them there. The institute will include family members and children in the school system as well as school personnel. Gail will bring more of these wheels for the next meeting and will send Mary Ann information on the summit to distribute to the group.

Also, Tuesday night Gail is running a family forum where people can talk about what schools are not doing for their children in transition.

Gail will send Mary Ann information on the upcoming Summer Transition Institute in Taos.
| Mental Health Awareness Updates | Marisol thanked the group for its work on Children’s Mental Health Day and specifically on the Children’s Mental Health Day info sheets. Marisol felt that as a whole we did much better this year than last, and that next year will be even better. The info sheets were widely distributed and received very positive feedback, particularly from the CYFD staff. She felt that the sheets helped to promote dialog about the holistic health of children. Fred Sandoval is working on translating them as well. They will be presented at the collaborative meeting next week.  
  
Marisol asked people to give a summary of events that went on for Mental Health Awareness Week:  
In Las Cruces, there was a mayoral proclamation, newspaper write-ups, a column in the Las Cruces Sun, and a health day at the mall. Susie also applauded the new youth transitional living in Las Cruces.  
There were 2 events in Roswell, one on suicide prevention and another focusing on homeless children. They put together 50 baskets for the homeless event that included toothbrushes, toothpaste, food, and other necessities. There was also a band, photographers, and 300 gallons of ice cream!  
In Farmington, there was a mayoral proclamation, local agency participation, and newspaper coverage of Mental Health Awareness Week. Events in Silver City are going to be held over Memorial Day weekend. |
| Systems of Care Grant | Marisol asked the group to go over the powerpoint and bring up any questions or concerns they might have. Susie felt that slide 21 on system changes was particularly important. She pointed out that many of us have trouble thinking outside of what already exists. The group decided it would like to have a meeting where we looked at what other states and places are doing with SOC to open our minds to different perspectives and possibilities. This is about a culture shift, about making different choices about what's best for children; this isn't about more money. We are the system. We are responsible for changing it. The group acknowledged that communities have different strengths, and that it is important to recognize these strengths and to build on them. Marisol suggested that we include this on the agenda for August, after training in D.C. She added that we need to balance looking outside at what others are doing and looking within to see what our own strengths are.  
  
The group felt that we could do a better job of connecting with other endeavors in the state. For instance, recently there were townhall meetings to discuss improving youth aspirations in the state, and these results are being put into report. We should make an effort to get a copy of this report and cross-reference their recommendations with what we are doing.  
  
We need to believe that we can change things. This is the only way that we will. |
| Open Space | Marisol informed the group that Suzanne Pearlman has been hired as the media/social marketing specialist, and that Fred Sandoval is going to be serving as the cultural competency linguistics specialist. She reminded the group of the mandatory training institute in DC in July, and noted that we are sending the minimum requirement of participants because of budget considerations. | Peggy will send Mary Ann information on the LC5 convention taking |
Gail informed the group that yesterday (May 17) there was a ruling that no young person should be put in jail for life without parole.

Peggy from LC5 announced that there is going to be a convention in late June or early July in her area. She will send information on the event to Mary Ann.

Judy is going to have the first early childhood jubilee in Cloudcroft in October, and she is looking for someone from the state level who would like to come down. There are going to be several dynamic speakers in an informal setting to address the parenting of young children. She needs input on how to get people moving, not just sitting around for the day, and would appreciate suggestions of activities to incorporate. Judy will give Mary Ann more information on the jubilee.

Susie pointed out that there are 2 LCs on the attendance list that don’t have primary or secondary voting members- LC 8 and LC 14. Sam Baca told the group that Val is the representative for LC14 and Patricia is the representative for LC8.

Gail pointed out that the homeless shelter for youth in Las Cruces received a lot of money for building from HUD (Community Block Development Grant- CDBG). The rest of the money needed was pieced together from a variety of funding sources.

Regina pointed out that we have a huge crisis in Thoreau where there were 2 more youth suicides, the latest occurring this morning. From January until now, there have been 9 suicides between Gallup and Grant. She felt there were a lot of resources for the last 2, but very few now. Can this community (or group) ask where the resources have gone? She has been asking OH and has not been getting responses. Marisol said that Robinson was coming tomorrow, and that Steve Adelsheim has been doing work around youth suicide, especially in Native American communities. Mary Sue added that this crisis is focused in Thoreau, and that it is focused on one family.

Judy asked if there was a hotline for parents to call for support on bullying. Schools don’t seem to have the resources, experience or education to deal with the issues. Marisol pointed out that right now as a state we don’t have the resources to provide this. However, PED is doing work on bullying prevention, and in Santa Fe the Santa Fe Mountain Center and CYFD are partnering to do a training on bullying and suicide prevention in the GLBT community (Trevor Project). Marisol will send out any information that she receives from this training. She also referenced bullying.org as a good resource, and encouraged people to get this link out to our various lists. Jessica reminded the group that all schools have to have a bullying policy, and that this could be a great resource to have in a technical assistance document. Chris brought up the issue in Mescaleros last year and thought that it would make sense to look at what was done there. We should talk to Steve Adelstein as he spearheaded this in Mescaleros, and we could also contact Holly Wilson, the LC14 representative (Mescaleros).

Adjourn The meeting was adjourned at 4:02pm.