Behavioral Health Planning Council (BHPC) Minutes

July 23, 2008

APPROVED

Present: BHPC Members: Trinidad de Jesus Arguello (Las Vegas), Rhonda Avidon, Mary Sue Blackhurst, Frank Chevalier, Angela Coburn, Cindy Collyer (Las Vegas), Gay Finlayson, Michelle Franowsky, Jenny Garcia (Las Vegas) Debbie Hambel, Marcia Hawthorne, Woods Houghton (Las Cruces), Erin Hourihan (Farmington), Robert Hyman (Las Cruces), Jane Ann Oldrup, Karen Peterson, Karen Raburn (Farmington, Dolores Rivera, Christena Scott (Las Cruces), Mark Simpson, Christina Stick, Terri Sturgis, Peter Swatzell (Las Cruces), Carolyn Thomas-Morris and Robinson Tom..

Executive Committee: (Present) Frank Adakai, Pamela Holland, Susie Kimble (Las Cruces), Cheri Nipp, Santiago Rodriguez (Las Cruces), Lisa Trujillo, Susie Trujillo (Las Cruces), Chris Wendel.

Statutory Subcommittee Chairs (present): Jay Crowe


ABSENT/Unexcused: Noel Clark, Douglas Fraser, Kristine Jacobus, Maxine Nakai, Debbie Salazar.

GUESTS: David Arguello (Las Vegas), Becky Beckett (Las Cruces), Eddy Broadway, Rena Brown, Ricardo Campos, Tom Clay, Wendy Corry, Amanda Crocker (Roswell), Susan Davis, Linda Mondy Diaz, Marie DiBianco, Julia Fernandez (Las Vegas), Sandy Forques, Robert Gurule, Alessia Hall (Las Cruces), Kathy Kinney, Louise Lamphere, Ken Larson (Las Cruces), Corey Lucas (Las Cruces), Julie Medina, Tim Miller (Las Cruces), Peter Ogley (Las Vegas), Erica Padilla, Joseph Pfander, Regina Roanhorse, Peggy Roberson, Elizabeth Rodriguez (Las Cruces), Marilyn Rohn, Patsy Romero, Frank Sanchez, Jeff Tintsman, Rita Todachine, Marnie Watson

Staff: Elizabeth Abeyta, Sam Baca, Becky Ballantine, Jesse Chavez, Rebecca Estrada (Las Cruces) Patricia Gallegos (Las Vegas), Karen Meador, Suzanne Pearlman, Marcia Prophet, Linda Roebuck, Letty Rutledge, Tami Spellbring and Valerie Quintana.

<table>
<thead>
<tr>
<th>Topic</th>
<th>Action Items</th>
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</thead>
<tbody>
<tr>
<td>Welcome and Call To Order</td>
<td>Welcome and Introductions - Call to Order by Chair Chris Wendel. No quorum at this time.</td>
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<tr>
<td>Announcements</td>
<td>1. CAT members are reminded to send in attendance and reimbursement forms from satellite sites by fax or e-mail to Letty Rutledge.</td>
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<td>2. Anyone wishing to sign up for Public Comment needs to sign the Public Comment form. Satellite sites should also circulate a Public Comment sign-up sheet.</td>
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<td>3. Vice Chair Susie Kimble will Chair the September BHPC Meeting because Chris Wendel will be out of town.</td>
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<td>4. A BHPC/LC Summit is scheduled for September 23 at the Santa Fe Plaza Hilton. More Information to follow.</td>
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| 5. | The BHPC Meeting on September 24th will also be held at the Hilton. |
| 6. | The Purchasing Collaborative meets tomorrow in Taos. |
| 7. | The Executive Committee and LC Sub Committee Chairs will hold a one-day retreat to discuss how to improve their support functions on September 2nd at the HSD office near Old Town. More information on this is forthcoming. |
| 8. | The VO Communications Point Person is Patsy Romero. |
| 9. | Members of the Executive Committee will meet briefly after this meeting to discuss what the BHPC would like to communicate to the Purchasing Collaborative tomorrow. |
| 10. | The November and December BHPC Meetings will be held on the 3rd Wednesday of the month due to the holidays. Please refer to the updated Calendar. |

A quorum was reached at 9:20 a.m.

**Approval of Agenda**
- A motion was called and seconded to approve the agenda. Motion

**Approval of Minutes**
- A motion to approve the June Minutes was called, seconded and approved with corrections... Motion

**Executive Committee Update**

| Chris Wendel | The Executive Committee met the second week of July in a five-hour meeting. Items of discussion included: |
| Susie Trujillo | - Planning for the future – developed an Annual Calendar to stay on top of deadlines. |
| | - Annual Report. |
| | - Reports from LCs and reports from statutory sub committees are due to Letty Rutledge by August 14th. |
| | - Report from BHPC – Chris Wendel is the Lead together with Letty Rutledge. The report deadline is August 27. |
| | - LC Sub Committee Update: The date approved for Legislative Day is February 24, 2009, the day before the Legislature opens. The 2nd option is February 26th, the day after the Legislature opens. |
| | - The Finance Committee is up and running. Would like more input from the Council. |
| | - Letty Rutledge sent out a letter about the LC Sub Committees to determine the length of time to serve. A teleconference meeting will be scheduled before August 1st. Response is needed from the LC Sub Committees. |

**Announcement**

Value Options has registration fee only scholarships available for the Annual Gambling Summit at Isleta Casino on August 22-23. Contact Patsy Romero for more information. A flyer will be e-mailed to Council members. Scholarships are also available at Community Health Centers. The Gambling Summit is prevention component to deal with gambling addiction.

**Purchasing Collaborative Business. Linda Roebuck**

| 1. | Linda Roebuck urged Council members to attend the BHPC/LC Summit on September 23rd at the Santa Fe Hilton. Four tracks will be offered on LC/Community involvement. The Wise Guys will entertain in the evening social. A handout on the Summit has been included in today’s packet. |
| 2. | The Purchasing Collaborative is travelling once per quarter to regions across New Mexico. Location announcements will be made in advance. |
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Karen Meador
Purchasing Collaborative Business. Continued Linda Roebuck

3. RFP Process is from July 31-October 1
   • On September 24th the PC will go over and evaluate contracts. Contracts will be released no later than July 21st.
   • Review of proposals will be at the November PC meeting. Then, recommendation of selection.
   • Contract negotiations should be completed by end of December.
   • New contract begins on July 1, 2009

4. The Review Committee Process is based on a model that was used four years ago.
   • A group of 5 Council Consumers and 5 Family Members volunteer to be in a Review Committee.
   • There will be a briefing on the Conflict of Interest Form which is part of the formal procurement process.
   • The Review Committee meets once per week for 4-5 weeks to look over the proposals that were selected to identify strengths and weaknesses of each proposal. Volunteer timeline is ½ day per week for 5 weeks.
   • The results of the Review Committee are submitted to the Evaluation Team as part of the Procurement process.
   • More information will be disseminated in the next week. BHPC members will be able to sign up to serve.
   • Bill Belzner is the Procurement Officer for the RFP.

5. Core Service Agencies (CSA)
   Linda Roebuck and Mary Ann Sheaning will present the CSA process in depth in August.
   • What is a CSA and how to develop one in your community?
   • A series of meetings will be held around the state on CSAs in August. The BHPC will be notified.
   • CSAs are for people who have a complex need for recovery. The concept is to have an entry point to get comprehensive services plan for a targeted group.
   • The proposal will be sent out to the Council this month and will have an opportunity to give feedback.

6. CAFÉ Update
   • There have been changes in the Office of Consumer Affairs (OCA) and CAFÉ. Wilma Townsend met with Consumers and Family Members involved last week. CAFÉ was formed to bring Consumers and Family Members together to strengthen OCA and is funded by TSIG.
   • OCA and CAFÉ are now under the direction of Harrison Kinney. The group is currently taking stock and making decisions on how to proceed. Harrison will provide weekly updates and then monthly meetings will be set up.
   • OCA will continue to be funded by BHSD. CAFÉ will need to look for sustainability funding after TSIG.

7. Procovery Update
   • New Mexico may end up not recommending this model. The Pros and Cons on Procovery from those attending the St. Louis Training::
     Pro: Very fast paced and structured model that creates a welcoming situation for Consumers. It is a good
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program with a good approach.
Con: The majority of Consumers sent to the training felt that Procovery is not culturally competent for Consumers in New Mexico the way it is currently structured.

- New Mexico is committed to find a program that works for Consumers.

Q: What will happen to the TSIG funds slated to fund Procovery?
A: Some of the funds could be used to expand Region VI with three more LCs. Each LC will receive $21,000. New LCs will go through the same process as the existing LCs. The amounts for new LCs will be prorated for the year.

Linda Roebuck
Continued

8. The Purchasing Collaborative voted to look into a more streamlined approach to operate the BHPC. Adding 3 more LCs will add more members to the BHPC and result in more expense. A decision will be made on streamlining the BHPC in September or October. Sustainability is the issue. Feedback from the Council is welcomed.

Q: The Chair added that the Executive Committee and BHPC need time to examine this issue. Recommend time frame of early October after the Sub Committee Retreat. It could be that much of the work of the BHPC could be done in the Sub Committees.
A: The October deadline is OK but deadlines need to be set for resolution.

9. Facilitation for Sub Committees could be provided to those Sub Committees that prefer a facilitator. It is an option.

Value Options Update
Patsy Romero

(Please refer to handouts VONM 2008 Community Reinvestment Program and VONM 2008 Community-Based Services Expansion Program.)

These documents are final lists of VONM 2008 reinvestment and expansion programs. The documents list the Reinvestment Recipients or the Community Based Expansion Recipients, the Region, County and City the recipient is located; lists the Project type; a brief description of Services; and the dollar amount Funded. Reinvestments totaled $3,113,305 and Services Expansion totaled $7,627,197.

The Committee is requested to review the documents. Patsy will return next month to answer questions.

- Recipient awards will be followed up to see whether services are being provided. Oversight Updates could be provided throughout the year.
- Sustainability dates on programs funded could be provided to the BHPC.

Wendy Cori,
Director of Developmental Disabilities

(Please refer to handout Service systems Relation Department- Services for Individuals with Behavioral Health Needs & Developmental Disabilities, Autism Spectrum Disorder, Traumatic Brain Injury)

The Collaborative has given departments the opportunities to really talk to each other and is a tremendous opportunity for everyone to collaborate and make changes to the system.

- Individual Assistance. Referrals can come from VO Service Care Coordinators, Regional Office staff referrals from DOH/DDSD, CYFD, or Guardians.
- Aging out of CYFD (at age 18) coordination services are provided for individuals with DD, ASD or TBI.
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LC Updates

- There is a need to integrate BH services with DD services so that clients that are dually diagnosed are not lost in the system. An initiative to discuss cross training is scheduled for August 1, 2008.
- The majority of services are in the metro areas. An initiative is underway to develop one provider in each region who is knowledgeable, willing and able to serve individuals who are dually diagnosed.
- 33% of dually diagnosed youth have to go out of state for treatment. An initiative is underway to work with the APS and to establish a single point of contact for transitioning back to schools from hospitals.

LC 5 – Frank Chevalier
   ✓ LC 5 continues to work on the budget.
   ✓ Next LC meeting is Thursday, July 31st.

LC 10 –
   ✓ LC 10 is working on VO funding for Telehealth services.

LC 3 – Christina Scott
   ✓ Working on Crisis Intervention Training (CIT) for dispatchers to help diffuse crisis situations.

LC 6 –
   ✓ The TCA Grant is working well.
   ✓ LC 6 is discussing priorities.

LC 12 – Santiago Rodriguez
   ✓ LC 12 is working on By Laws, Policies and Procedures
   ✓ A marketing procedure is being created.

LC 8 – Jenny Garcia
   ✓ Retreat at Angel Fire.
   ✓ Developing a website.
   ✓ The June Consumer picnic was a success.

LC 2 –
   ✓ Began a mentorship group in Bernalillo.
   ✓ Living Will Competency group has been formed.
   ✓ Developing an adult Systems of Care.
   ✓ A plan sharing meeting is planned for tonight.
   ✓ A general meeting on BH Matters—Let’s Talk about It is planned for August 26.

LC 7 – Gail Finlayson
   ✓ Working on logo and website
   ✓ Going over letter of readiness.
   ✓ Writing By-Laws for more structure.
   ✓ Trying to get more Consumers and Family Members involved. LC 7 is offering a $25 Wal Mart card to new
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<table>
<thead>
<tr>
<th>LC Reports continued</th>
<th>Suzanne Pearlman</th>
<th>BHPC Leadership Recommendations Chris Wendel</th>
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<tr>
<td></td>
<td>members.</td>
<td>(Please refer to handout, BHPC Leadership Recommendations to the Purchasing Collaborative: July 24, 2008)</td>
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<tr>
<td></td>
<td>✓ Working on establishing teleconferencing for each area.</td>
<td>The document was presented by the Chair. The document lists the eight recommendations, the status, the progress, the timelines and any notes for each recommendation. The document was previously e-mailed to the Council who were given an opportunity to comment. All comments from the Council have been included at the end of the document. The recommendations were reviewed by the Executive Committee who recommends approval.</td>
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<td>LC 11 – Erin Hourihan &amp; Karen Raburn</td>
<td>✓ Training on suicide prevention is being planned.</td>
<td>✓ A motion was made then amended to state that the BHPC Leadership Recommendations document be reviewed,</td>
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<td>✓ Working on completing Patient Recruitment Satisfaction Survey for Consumers</td>
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<td>✓ Working on setting up teams for a Mega Meeting Day to identify goals.</td>
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<td>✓ Working on a federal grant proposal for training on Meth Proposals for the 4 corner area.</td>
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<td>✓ May receive a $5 million grant for a Family Treatment model.</td>
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<td>✓ Have encountered difficulties attracting Consumers.</td>
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<td>LC 13 –</td>
<td>✓ Elected a new Chair.</td>
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<td>✓ Working on Priorities.</td>
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<td>✓ Focusing on Sandoval County for Jail Diversion.</td>
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<td>LC 14 – Dolores Rivera</td>
<td>✓ LC 14 is working on evaluation needs and restructuring.</td>
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<td>LC 15 – Regina Roanhorse</td>
<td>✓ LC has been busy working on the Diagram for TCA - Treatment &amp; Care Continuum, principally in McKinley County. Hoping to get TCA to Shiprock eventually.</td>
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<td>✓ The Crown Point Youth Council is working on Tribal issues such as underage drinking.</td>
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<td>✓ Frank Adakai held an event in June featuring. On &amp; Off Reservation Barriers – like voting.</td>
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<td>✓ Working on revising the CTA Management Tool for evaluation</td>
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<td>✓ Region 6 will hold a BH Conference in spring 2009. Working on 39 policy recommendations.</td>
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<td>✓ Project Trust is on the schedule for the Executive Committee in August.</td>
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<td>✓ Next meeting scheduled for August 12th at Crown Point</td>
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<td>The Purchasing Collaborative will be in Taos on July 24th. LCs will have time on the agenda from 11:30 am-12:30 pm for the LCs to speak.</td>
<td>Possible Agenda Item for July</td>
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<td>Motion</td>
<td>Action Item</td>
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### Lunch/Networking Sub Committee Reports

- **Native American Sub Committee (NASC) – Frank Adakai/Christina Stick**
  - The NASC last meeting was on July 11<sup>th</sup> at the Indian Cultural Center in Albuquerque with a good turnout of members.
  - Dr. Tassie Parker from Project Trust made a presentation on Off Reservation Native Americans (NA). It focused on Native American women and depression and not enough support services. It is hoped that a model will be created to get more services for this population. Project Trust addresses historical trauma faced by NA youth and families with policy recommendations for Providers and State.
  - The NASC is working on FY09 Work Plan using the format from the Medicaid Committee. A work group was appointed to work on the Work Plan to be ready by August 14<sup>th</sup>.
  - Established priorities for the NASC Evidence Based Practices (EBP).
  - The next NASC meeting is scheduled for September 26<sup>th</sup>.

- **Data Group – Lisa Trujillo**
  - The Data Group (5-6 members) met by teleconference and discussed a large scope of reports that would serve the BHPC and its committees as well as the LC needs. The concern is primarily how to make these reports truly informative and serve the decision making processes of these bodies. To that end, we would like to use maps to illustrate geographic distribution of services, as well as reports that will relate services to the populations they serve.

- **Adult Sub Committee – Harrison Kinney**
  - The ASC met on July 24<sup>th</sup>. The Committee has three initiatives:
    - Older Adults Component with Ophelia Rinaldi as lead working with VO.
    - Developing a BH Conference on December 8 with 3 tracks: Native American, Consumers and Family Members. Douglas Fraser and Christina Welz are the leads.
    - Jail Diversion project for people with MH disorders. BHSD has funded $300,000 for a Jail Diversion Pilot project. The pilot will be set up through Scott Wallace of VONM.
      - The Pilot must provide therapeutic alternative for COD adults; must be sustainable; must go through the LCs; and must have a component that links Consumers, Providers and law enforcement working together.
      - A Letter of Interest will go out to Providers through VONM.
    - The next ASC meeting is scheduled for July 24<sup>th</sup> from 9-11 a.m. at VO in Albuquerque. Consumers and Family Members are welcome to join the Committee.

A: Providers that receive the Letter of Interest must be in the VONM network of Providers.

A: Timeline for the LCs is 30 days.

### Children’s Sub Committee (CSC) – Name?
### Sub Committee Reports Continued

- The Committee voted to change the Sub Committee name. The Chair indicated that since this is a statutory committee, the name cannot be changed.
- The Child Priority Plan has been extended to August.
- The CSC is recruiting youths ages 16-23 for the Committee. LCs 6, 12, 3, 8, 5, 9, 10 and 13 all have youth that participate. Youth interested in participating, should contact Letty Rutledge.
- The BHPC currently has one youth member – Alex Medina.

#### Medicaid Sub Committee (MSC) – Susie Kimble
- HELP, A Medicare managed program begins in Bernalillo in August.
- Sub Committees members are encouraged to hold Sub Committee meetings at the Summit in September.
- Susie Kimble will send out more information on IOP Service Definition information to Committee.

#### Block Grant Sub Committee (BGSC) - Mary Sue Blackhurst
- Recommendations are due on September 1st. Mary Sue Blackhurst will draft a letter that will be posted on the website by August 10th for review. The Council will have an opportunity to give feedback. At the August 27th BHPC meeting, the Committee will vote to approve recommendations of the BGSC. Once approved, the recommendations will go to the Governor.
  - A report will be presented to the BHPC in December on last year’s Block Grant.
    - The Chair requested a timeline for the Block Grant be sent to Letty Rutledge for the Calendar.

#### By-Laws Committee (BLC) – Susie Trujillo
- The BLC meets by teleconference Meeting on Tuesdays at 2 p.m. One more member is needed. It is a commitment of 1 hour per week. Council members interested please contact Susie Trujillo or Letty Rutledge.
- At the November BHPC the new By-Laws will be reviewed.
- On January 2009 paper ballots will be sent to the BHPC for voting on the By Laws.

#### Substance Abuse Sub Committee (SASC) – Was it CW?
- The SASC last met on July 8th and the next meeting will be on August 12 at HSD in Albuquerque. The meetings are videoconferenced.
- The Committee has been working on the Goals and Matrix.
- There was a presentation by Naomi Fahrenkrug from Border Health Office on the Substance Abuse Collaborative (SAC).
- A second presentation followed by Nina Shaw from EPI on DOH Trends in Drug Use which indicated New Mexico 1 second in the nation in drug-induced death rates.
- Oversight reports were made on the ATR, the SPF-SIG, and the SBIRT grants.
- A nomination is needed for Co-Chair of the SASC as Chris Wendel is now the BHPC Chair. Don Maestas, Chair of the SASC is retiring in October. The State will select a Chair before Don retires.

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**Action Item for August**
# Behavioral Health Planning Council (BHPC) Minutes

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| New Executive Committee | New BHPC Chair Chris Wendel introduced the new Executive Committee:  
| Susie Kimble, Vice Chair  
| Christina Stick  
| Marcia Hawthorne  
| Nancy Jo Archer  
| Frank Adakai  
| Santiago Rodriguez  
| Susie Trujillo  
| Pamela Holland  
| Carolyn Thomas Morris (continuing) |

| Public Comment | Peggy Roberson at the Roswell site commented that assistance is needed for children who are being returned to abusive parents. She has already notified CYFD and the Child Protective Services and nothing is being done. Karen Raburn added that she has also experienced the same lack of response from CYFD and more dialogue is needed on this issue. After a short discussion, Patsy Romero offered to contact CYFD and Peggy Roberson to begin a dialogue to look into the matter. |

| Announcement | Secretary Dodson will be having Listening Sessions in different areas of New Mexico. Upcoming Listening Sessions will be in Bernalillo County on August 21; in Espanola on August 21. |

| Substance Abuse Treatment and Prevention Block Grant (SAPT) | Lelah Larson is the Coordinator for the SAPT Block Grant for BHSD.  
| History: Community Mental Health Services and the SAPT block grants came from Alcohol Abuse funding and were separated into two by SAMSHA with approval from Congress in 1993. At that time funding was $4 million. SAPT funding has grown to $8,648 million in 2008.  
| ▪ The SAPT block grant is comprised of three parts: two funded and one unfunded; all three mandates must be adhered to receive funding.  
| 1. Treatment – Center for Substance Abuse under SAMSHA comprises 65-75% of Grant  
| 2. Prevention – under Center for Prevention – comprises 20-25% of Grant  
| 3. Synar – the unfunded Mandate – 5 % which can be used for administrative responsibilities.  
| ▪ There are deadlines which must be met: Treatment and Prevention deadline is October 2008.  
| ▪ The annual Synar Report deadline is December 2008. However, since all three parts of the Grant must be approved all three pieces must be in by October 1st. to receive the National Grant Award (NGA).  
| ▪ The program on each part of the Block Grant is very restrictive. This includes Women Services; Intravenous |
Substance Abuse Treatment and Prevention Block Grant (SAPT) Lelah Larson

Motion to Adjourn

- Drug Users; HIV; Tuberculosis Services; all must be coordinated with the Department of Health (DOH).
- Prevention and Treatment must be coordinated with CYFD and the Corrections Department. Likewise the requirement for Training for Prevention must be coordinated with Career Peer Specialists (CPS).
- VO Contract – VO is a pass-through agency. However, the State is responsibility for monitoring agencies and ensures that funds are being used appropriately.
- Synar, the unfunded Mandate, is aimed at under-age youth access (under 18) to tobacco. The State must comply. If State does not stay under a 20% retailer violation rate, the State loses a large part of the award. Currently, New Mexico is under compliance at under 7%.
- Public Comment Requirement – A volunteer Review Team from BHPC members. Many thanks to Letty Rutledge for helping getting the Review Team together: Gail Falconer, Cheri Nipp, Dolores Rivera and Vivian Heye. Peggy Walton is the SAPT Synar point person at BHSD.

For questions you may contact Lelah Larson at 505-827-0153 or Lelah.larson@state.nm.us.

A motion to adjourn was unanimous at 2:20 p.m.