
State Members: Rhonda Avidon, Debbie Hambel, Kristine Jacobus, Karen Peterson, Christina Stick

Executive Committee: (Present), Susie Kimble/Vice Chair, Frank Adakai, Cheri Nipp, Marcia Hawthorne, Pamela Holland, Carlos Preciado, Santiago Rodriguez

Statutory Subcommittee Chairs (present): Harrison Kinney

Absent/Excused: Trinidad de Jesus Arguello, Michelle Franowsky, Erin Hourihan, Karen Raburn, Carolyn Thomas-Morris, Susie Trujillo, Chris Wendel/Chair, Douglas Fraser

ABSENT/Unexcused: Nancy Jo Archer, Noel Clark, Gay Finlayson, Fraser, Robert Hyman, Maxine Nakai, Dolores Rivera, and Debbie Salazar.


Staff: Elizabeth Abeyta, Sam Baca, Becky Ballantine, Jesse Chavez, Betty Downes, Rebecca Estrada, Patricia Gallegos, Shannon Padilla, Suzanne Pearlman, Letty Rutledge.

<table>
<thead>
<tr>
<th>Topic</th>
<th>Action Items</th>
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<tbody>
<tr>
<td>Welcome and Call To Order</td>
<td>Vice-Chair Susie Kimble welcomed everyone and introduced Secretary Alfredo Vigil.</td>
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<td></td>
<td>Introduction of new Executive Committee.</td>
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<td>Due to lack of quorum, the approval of Agenda and Minutes was delayed until a quorum could be reached.</td>
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Cultural Competency Workgroup Update

Deborah Altschul

(Reference handout: New Mexico Behavioral health Purchasing Collaborative Cultural Competency Strategic Plan Draft)

The planning process included focus groups, a series of meetings and workgroups. The draft will be presented to the Purchasing Collaborative.

- Cultural Competency in the broad sense includes gender, age, race, transgender and linguistic competence.
- The draft document lists the goals, objectives initiatives and measures of the plan.
- The principal goal is to establish an Office Cultural Competency in compliance with the National Standards on Culturally & Linguistically Appropriate Services (CLAS). CLAS would assist in getting language competency in any language.
- Goal 2 is to partner with CHBTR to establish a required training program. This would include training for the Purchasing Collaborative, BHPC, and the LC’s. It would also include clinical training, Consumer and Family Member training and First Responder training.
- Goal 3 is the recruiting and retention of BH professionals in New Mexico.
- Goal 4 – work with licensing boards to implement standards.

Feedback: To include a document that explains Cultural Competency; train Consumers and Family Members using lay terms language.

Next Step: Take document to the Purchasing Collaborative.
## BEHAVIORAL HEALTH PLANNING COUNCIL BHPC MINUTES

### September 24, 2008

**APPROVED**

<table>
<thead>
<tr>
<th>Topic</th>
<th>Action Items</th>
</tr>
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<tbody>
<tr>
<td>Comments can be sent to <a href="mailto:Deborah.Altschul@state.nm.us">Deborah.Altschul@state.nm.us</a>.</td>
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<tr>
<td>A quorum was reached at 9:50 a.m.</td>
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### Approval of Agenda and August Minutes

- Motion to approve the Agenda was called by Woods Houghton with one change: location of BHPC Retreat on October 6th will be in Socorro not Albuquerque. Motion was seconded by Christina Stick and approved. Time Sequence may be moved around if needed for Presenters.
- Motion to approve the Minutes was called by Mark Simpson as written with one change: adding Judy Bonnell’s name to the attendance section. Motion was seconded by Frankie Scofield and approved.

### Announcements continued

- September 23rd BHPC/LC Summit Overview: Very successful with about 200 in attendance.
- October 6 10 a.m. to 3 p.m. – BHPC Retreat was moved to the Public Library in Socorro from Albuquerque due to the Balloon festival event. Lodging will be provided if needed. BHPC Finance and BHPC attendance will be discussed, as well as how LC’s will be allowed to attend BHPC meetings to increase participation. All BHPC members are invited to attend.
- The next BHPC Meeting has been scheduled for October 15th at the HSD Office at Randolph in Albuquerque with video conference sites in Las Cruces, Farmington and Roswell.
- Subcommittee meetings will be held the day before the Council meeting. Location to be determined. The meetings will most likely be two hours per Subcommittee.
- There are two Proxy vacancies: Indian Affairs and PED representatives.
- This year’s Legislative priorities process will only be available on line. This will allow queries to be made easily. This will begin in October. LC’s should follow the standard for Legislative Priorities.
- A dietary restrictions form is being distributed today as well as a birthday list.
- September is Alcohol and Drug Awareness with a celebration in downtown Santa Fe. Next year the BHPC may want to focus on this event.
- Reimbursements for the BHPC/LC Summit: no stipends, only mileage and lodging. Please use only one form for all meetings attended each month. This assists us in faster reimbursement to you.

### Annual Report – BHPC Votes to Approve

The Annual Report was e-mailed to all members various times for review. A motion was called by Santiago Rodriguez to approve the Annual Report. Motion was seconded by Gail Falconer and approved.
### Value Options Update

**Patsy Romero**

- VONM was actively involved in the Cultural Competency Plan. Next month, a VO representative will present a report on Cultural Competency.
- (Reference to handout: VONM 2008 Community-Based Services Expansion Program) The data has been reorganized by Region as well as County and City. VONM would like to present work going on in the different regions as part of the VONM report to the BHPC. Over the next few months, Regional Directors and staff will be introduced. Today, Region 2 staff; next month Region 6.
- Region 2 staff: Brent Clovis, Regional Director, Region 2 also serves the State Hospital with two Provider liaisons that travel to all areas of Region 2 to assist Providers to support anyone in the Region. Cindy Tafoya is the Provider liaison for patients at risk that are in the State Hospital; and Cathryn Russell who works extensively with adults on substance abuse and HIV. There are two part-time Peer Specialists to emphasize Recovery and Resiliency: In the Taos community is Brent Clovis and Valerie Crespin for the rural and frontier areas. Barry Wilson works in the Santa Fe office. The staff in Region 2 has worked very hard to make sure that VO is addressing the levels of care.
- Housing and Addiction Prevention fund of $31,000 serves all areas of the state. The application process has been streamlined to allow funds to go out quickly.

Q: Why is there less Community based services in Region 2 than in other regions?

A: On the Reinvestment document, more than 65% of Native American programs were funded.

### Consumer Satisfaction Survey

**Betty Downes & Shannon Padilla**

- The Transformation State Incentive Grant (TSIG) Advocates has replaced CAFÉ in the community.
- The Consumer Satisfaction Survey is an annual effort to determine satisfaction of NM consumers with State-funded BH services. It is a collaborative effort of MAD, BHSD, and CYFD Departments, as well as TSIG Advocates and VONM.
- This is the third year of the survey with over 1,516 adults, family members and youth participating. The survey measures appropriateness; satisfaction level, effectiveness and empowerment domains.
- The information collection is shared with regions and Local Collaboratives. Findings are also presented VONM to assist in improving BH care in New Mexico.

Discussion: Overall response was small. Consumers were involved in the survey via CAFÉ.
LC REPORTS

LC 6 – Kathleen Hunt
- Working on the developing of the Children’s System of Care.
- Participated in the Quality Review team training in Albuquerque and are working to implement it into the community.
- Sent several Consumers to the LC Summit and gave a presentation on Total Community Approach grant in Hidalgo County.
- The implementation of the anti-stigma campaign has been very successful.
- Are continuing to work on tele/video conferencing, despite challenges.
- LC 6 continues to encourage LC members to participate in the BHPC Subcommittees in order to send a consistent message from the community, to the BHPC, on to the Purchasing Collaborative and to the Governor.

LC 1 – Mark Simpson
- LC1 is also encouraging LC members to attend and participate in the BHPC Subcommittees.

LC 3 – Christena Scott
- LC 3 sent ten Consumers to the Wellness Conference.
- Presented Crisis Intervention Training at the BHPC/LC Summit.
- Are looking at ways to reach out into the community on jail diversion and Consumer advocacy.

LC 15 – Robinson Tom
- LC meetings have been well represented with over 100 participants. Next meeting is scheduled for September 26 has been postponed to October.
- Christina Stick will present Project Trust in place of Regina Begay Roanhorse.

LC 13 Terri Sturgis
- The LC meeting date has been changed to third Friday of the month.

Announcements
1) HB 488
Committee should take note of the bill introduced by Antonio “Moe” Maestas relating to enacting the Substance Abuse and Crime Prevention Act; and provide SA treatment. Copies of HB 488 were distributed to the Council. Contact information is on the back side of the handout.

2) February 26 is Behavioral Health Day. Please mark your calendars.

Statutory & Ad Hoc Subcommittee Reports
Local Collaborative SC – Susie Kimble
1. SC is creating an LC survey on how to bring ideas into the Local Collaboratives.
2. The LCSC needs more members and a new Chair. Susie Kimble has resigned to take on the Vice Chair of the BHPC.
3. Next meeting is TBA.

Adult SC - Marsha Hawthorne
## BEHAVIORAL HEATH PLANNING COUNCIL BHPC MINUTES

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<tr>
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<tbody>
<tr>
<td>• The next meeting of the ASC is scheduled for September 25th at the new HSD building in Santa Fe from 9-11 a.m.</td>
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<tr>
<td>Children’s SC – Rena Brown</td>
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<td>• The CSC has developed a newsletter that will be sent to the LC’s. This will be an ongoing project that will work with the System of Care (SOC). Copies will be available at the next meeting.</td>
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<td>Medicaid SC – Susie Kimble</td>
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<td>• The next meeting will be on October 14th.</td>
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<td>SASC – No Report</td>
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<td>Native American SC – Frank Adakai</td>
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<td>• The next NASC meeting scheduled for Friday, September 26th will be a celebration send-off for Teresa Gomez.</td>
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<td>By-Laws SC – Susie Trujillo</td>
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<td>• The BLSC is completing work on the Policies and Procedures.</td>
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<td>• A draft of the By-Laws will be presented by the November meeting.</td>
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<td>• If anyone is interested in working on this committee, please contact Letty Rutledge.</td>
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<td>Consumer SC – No Report</td>
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(Reference:  *Project Trust – Report and Recommendations for Enhancing the Well-Being of Native American Youth, Families, and Communities, May 2008, Executive Summary*).

Susie John and Jamie Lee Hall will report in place of Regina Roanhorse. Both Susie and Jamie Lee work with Project Trust. Work on reports has already been generated. Mary Ann Shaening will work with this group on issue data for the CSC.

Project Trust started as a partnership of individuals who work with Navajo youth in other programs. The goal is to promote the health of Native youth and community. Project Trust describes what changes must be made to transform the community and family members:

a. Health and healing of historical trauma.
b. Responsiveness to the need of the Native youth and families.
c. Native healing practices.
d. Transformation of individuals, communities and the System of Care (SOC).

### Issues Encountered

- Imposition of evidence based practices. They are not the “best” practices for the Native community.
- Absence of basic healing practices. Practitioner perspectives lack communication and trust. Loss of traditional knowledge and values for the Native community.
- Institutional racism. Helplessness of Practitioners when their system does not work.

### Agenda Item for July

**Action Item**
### BEHAVIORAL HEALTH PLANNING COUNCIL BHPC MINUTES

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<tr>
<td>Susie John, Indian Health Services</td>
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<td>Jamie Lee Hall, DOH</td>
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- Lack of Family Member involvement.

*There are 16 Policy Recommendations, 12 Provider Recommendations and 3 Research Recommendations.*

#### Policy Recommendation Highlights
- Apology from US Government in the interest of promoting the well-being of all Native people.
- Reparations from US Government to fulfill Treaty obligations to restore trust.
- Expand mechanisms for reimbursement for traditional healers.
- Shift emphasis from EBP to Practice-Based Evidence.
- Acknowledge Spirituality in healing processes and create alternative licensing and credentialing for Native Service Providers.

#### Provider Recommendation Highlights:
- Modify Cultural Competency or Cultural Humility - Many cultural competency trainings are superficial and do not deal with historical trauma or institutional racism.
- Modify Cultural Competency Training to include Healing for Providers - Practitioners’ Perspective is strictly Western - Traditional services should have privacy for the individual.
- Raise personal consciousness/Awareness regarding Native People - Identify with traditional culture that predicts MH outcomes and is protective against suicide.
- Be aware of both Traditional and Western approaches and how they can support and inform each other.

#### Research Recommendation Highlights:
- Advocate for Research to be based on Indigenous research agenda (i.e., Smith, 1999; CBPR; and Gone, 2007).
- Insist on Appropriate Academic and training programs to increase the number of qualified Native MH professionals.
- Develop innovative research methods and methodologies.

A motion was called to put Project Trust on the Executive Agenda in October for endorsement by the BHPC.

A motion to adjourn was unanimous at 1:45 p.m.

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**No Public Comment**

**Adjourn**