What is the YRRS?

- **Survey of public school students** grades 6-8 & 9-12
- Collects information on
  - **Behaviors** that risk student health
  - **Protective** (resiliency) factors
  - **Academic performance**
- **Conducted** fall semester of odd numbered years
- **Primary school survey** conducted by PED and DOH
- Part of national **Youth Risk Behavior Survey (YRBS)**, conducted by CDC
- Results at the statewide, county, and school district level
What is the YRRS?

- **Reports**
  - National and all state reports
    [http://www.cdc.gov/HealthyYouth/yrbs/index.htm](http://www.cdc.gov/HealthyYouth/yrbs/index.htm)
  - NM and County level results
  - School District Reports - available from the school district superintendent

NEW

2007 Reports
Highlights
Alcohol
Sexual Behavior
Tobacco Use
Unintentional Injury
County Reports

WHAT'S NEW
Stay tuned as we add more information to the site. Or let us know what you'd like to see here! Use the contact information below to get in touch with us.

New Mexico Youth Risk & Resilience Survey (YRRS) is a tool to assess the health risk behaviors and protective factors of New Mexico high school and middle school students. The YRRS is part of the national CDC Youth Risk Behavior Surveillance System (YRBSS), but the survey results have widespread benefits for New Mexico at the state, county, and school district levels. Topic areas include risk behaviors related to alcohol and drug use, unintentional injury, violence, suicidal ideation and attempts, tobacco use, sexual activity, physical activity, and nutrition; resiliency (protective) factors such as relationships in the family, school, community, and with peers; and health status issues such as body weight and asthma.

The YRRS is offered to a selection of high schools and middle schools in each school district in the fall of odd-numbered years. All data are self-reported by students who voluntarily complete the survey during one class period.

The YRRS is brought to you by:

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Healthy Choices, Healthy Students
Substance Use

2007 NM YRRS
## Drug Use - How Does NM Compare? Grades 9 – 12, 2007

<table>
<thead>
<tr>
<th>Behavior</th>
<th>NM</th>
<th>US*</th>
<th>Compared to US, NM rate is…**</th>
<th>NM rank compared to other states***</th>
</tr>
</thead>
<tbody>
<tr>
<td>Marijuana</td>
<td></td>
<td></td>
<td>-ns-</td>
<td></td>
</tr>
<tr>
<td>Current use</td>
<td>25.0%</td>
<td>19.7%</td>
<td></td>
<td>2</td>
</tr>
<tr>
<td>First use before age 13</td>
<td>18.2%</td>
<td>8.3%</td>
<td>Higher</td>
<td>1</td>
</tr>
<tr>
<td>Use on school property</td>
<td>7.9%</td>
<td>4.5%</td>
<td>Higher</td>
<td>1</td>
</tr>
<tr>
<td>Cocaine</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Lifetime use</td>
<td>11.6%</td>
<td>7.2%</td>
<td>Higher</td>
<td>3</td>
</tr>
<tr>
<td>Current use</td>
<td>5.4%</td>
<td>3.3%</td>
<td>Higher</td>
<td>2</td>
</tr>
<tr>
<td>Heroin</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Lifetime use</td>
<td>5.0%</td>
<td>2.3%</td>
<td>Higher</td>
<td>4</td>
</tr>
<tr>
<td>Methamphetamine</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Lifetime use</td>
<td>7.7%</td>
<td>4.4%</td>
<td>Higher</td>
<td>3</td>
</tr>
<tr>
<td>Ecstasy</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Lifetime use</td>
<td>8.4%</td>
<td>5.8%</td>
<td>Higher</td>
<td>4</td>
</tr>
<tr>
<td>Injection drug</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Lifetime use</td>
<td>3.6%</td>
<td>2.0%</td>
<td>Higher</td>
<td>3</td>
</tr>
</tbody>
</table>

* Youth Risk Behavior Survey, CDC, 2007
** Based by 95% confidence intervals (ns = no statistically significant difference
*** Of the 39 states that participated in the 2007 YRBS, CDC; 1 = Highest Rate
Current Drug Use, Grades 9 -12
1991 – 2007, NM

The decrease in marijuana use since 2003 is not statistically significant.

Cocaine and methamphetamine use rates have decreased since 2003.

<table>
<thead>
<tr>
<th></th>
<th>2001</th>
<th>2003</th>
<th>2005</th>
<th>2007</th>
</tr>
</thead>
<tbody>
<tr>
<td>Marijuana</td>
<td>26.8</td>
<td>29.0</td>
<td>26.2</td>
<td>25.0</td>
</tr>
<tr>
<td>Cocaine</td>
<td>4.4</td>
<td>8.9</td>
<td>7.9</td>
<td>5.4</td>
</tr>
<tr>
<td>Methamphetamine</td>
<td>7.3</td>
<td>4.6</td>
<td>4.4</td>
<td></td>
</tr>
</tbody>
</table>

* Injection drug use refers to lifetime use
## Alcohol and Tobacco Use - How Does NM Compare?, Grades 9 – 12, 2007

<table>
<thead>
<tr>
<th>Behavior</th>
<th>NM</th>
<th>US*</th>
<th>Compared to US, NM rate is...**</th>
<th>NM rank compared to other states***</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Tobacco</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Current cigarette smoker</td>
<td>24.2%</td>
<td>20.0%</td>
<td>-ns-</td>
<td>5</td>
</tr>
<tr>
<td>Frequent smoker</td>
<td>6.7%</td>
<td>8.1%</td>
<td>-ns-</td>
<td>33</td>
</tr>
<tr>
<td><strong>Current cigar use</strong></td>
<td>18.9%</td>
<td>13.6%</td>
<td>Higher</td>
<td>1</td>
</tr>
<tr>
<td>Current spit tobacco use</td>
<td>11.8%</td>
<td>7.9%</td>
<td>Higher</td>
<td>7</td>
</tr>
<tr>
<td><strong>Alcohol</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Current drinker</td>
<td>43.2%</td>
<td>44.7%</td>
<td>- ns -</td>
<td>17</td>
</tr>
<tr>
<td>Binge drinker</td>
<td>27.4%</td>
<td>26.0%</td>
<td>- ns -</td>
<td>17</td>
</tr>
<tr>
<td><strong>First drink before age 13</strong></td>
<td>30.7%</td>
<td>23.8%</td>
<td>Higher</td>
<td>1</td>
</tr>
</tbody>
</table>

* Youth Risk Behavior Survey, CDC, 2007
** Based by 95% confidence intervals (ns = no statistically significant difference
*** Of the 39 states that participated in the 2007 YRBS, CDC; 1 = Highest Rate
Tobacco Use, Grades 9 -12
1991 – 2007, NM

Current cigarette smoking declined from 2003 to 2005
Smokeless tobacco use has increased from 2001 to 2007

<table>
<thead>
<tr>
<th>Year</th>
<th>Current smoker</th>
<th>Current cigar smoker</th>
<th>Smokeless tobacco</th>
</tr>
</thead>
<tbody>
<tr>
<td>2001</td>
<td>25.0</td>
<td>19.4</td>
<td>4.2</td>
</tr>
<tr>
<td>2003</td>
<td>30.2</td>
<td>21.3</td>
<td>8.8</td>
</tr>
<tr>
<td>2005</td>
<td>25.7</td>
<td>21.3</td>
<td>8.5</td>
</tr>
<tr>
<td>2007</td>
<td>24.2</td>
<td>18.9</td>
<td>11.8</td>
</tr>
</tbody>
</table>

* In the past 30 days
** In the past 12 months
Alcohol Use, Grades 9 – 12
NM YRRS, 2007

Current drinking, binge drinking, and drinking alcohol before age 13, have decreased since 2003.

<table>
<thead>
<tr>
<th></th>
<th>2003</th>
<th>2005</th>
<th>2007</th>
</tr>
</thead>
<tbody>
<tr>
<td>Current alcohol use, past 30d</td>
<td>50.7</td>
<td>42.3</td>
<td>43.2</td>
</tr>
<tr>
<td>Binge drinking, past 30d</td>
<td>35.4</td>
<td>28.6</td>
<td>27.4</td>
</tr>
<tr>
<td>Drank alcohol before age 13</td>
<td>35.8</td>
<td>30.0</td>
<td>30.7</td>
</tr>
</tbody>
</table>
Past 30-day Alcohol, Tobacco and Other Drug Use, Grades 9 – 12, 2007

Current alcohol use is the most common substance use behavior.

The prevalence of binge drinking, current marijuana use, and current cigarette smoking are similar.

- **Current drinking:** 43.2%
- **Binge drinking:** 27.4%
- **Marijuana:** 25.0%
- **Cigarettes:** 24.2%
- **Prescription pain killer**
  - **Used pain killer “to get high”** (like Vicodin, OxyContin (also called Oxy or OC), or Percocet (Percs))
  - **3.6%**

* Injection drug use refers to any use in lifetime, other indicators refer to past 30 day use

** Used pain killer “to get high” (like Vicodin, OxyContin (also called Oxy or OC), or Percocet (Percs))
Of the 39.1% of students who engage in any of these behaviors…

- 26.0% engage in all 3 behaviors
- 13.6% Binge Drinker
- 12.2% Current Marijuana Use
- 10.7% Current Cigarette Smoker
- 9.3%
- 17.7%
- 10.6%
- 27.4% of all students
- 25.0% of all students
- 24.2% of all students
Past 30-day Alcohol, Tobacco and Other Drug Use, Grades 9 – 12, 2007

- Current drinking: 43.2%
- Binge drinking: 27.4%
- Marijuana: 25.0%
- Cigarettes: 24.2%
- Prescription pain killer**: 11.7%
- Inhalants: 7.8%
- Cocaine: 5.4%
- Ecstasy: 5.1%
- Methamphetamine: 4.4%
- Heroin: 3.9%
- Injection drug use*: 3.6%

Drugs with lower prevalence of use.

* Injection drug use refers to any use in lifetime, other indicators refer to past 30 day use

** Used pain killer “to get high” (like Vicodin, OxyContin (also called Oxy or OC), or Percocet (Percs))
Past 30-day Alcohol, Tobacco and Other Drug Use, Grades 9 – 12, 2007

- Current drinking: 43.2%
- Binge drinking: 27.4%
- Marijuana: 25.0%
- Cigarettes: 24.2%
- Prescription pain killer**: 11.7%
- Inhalants: 7.8%
- Cocaine: 5.4%
- Ecstasy: 5.1%
- Methamphetamine: 4.4%
- Heroin: 3.9%
- Injection drug use*: 3.6%

Of “other drugs”, prescription pain killers have the 2nd highest prevalence.

* Injection drug use refers to any use in lifetime, other indicators refer to past 30 day use
** Used pain killer “to get high” (like Vicodin, OxyContin (also called Oxy or OC), or Percocet (Percs))
Past 30-day Alcohol, Tobacco and Other Drug Use by Gender, Grades 9 – 12, 2007

Current drinking
- Female: 44.2%
- Male: 42.0%

Binge drinking
- Female: 26.6%
- Male: 28.0%

Marijuana
- Female: 23.8%
- Male: 26.2%

Cigarettes
- Female: 23.7%
- Male: 24.9%

Prescription pain killer**
- Female: 10.8%
- Male: 12.2%

Inhalants
- Female: 7.6%
- Male: 7.8%

Cocaine
- Female: 4.1%
- Male: 6.7%

Ecstasy
- Female: 5.8%
- Male: 10.7%

Methamphetamine
- Female: 3.7%
- Male: 4.8%

Heroin
- Female: 2.5%
- Male: 5.0%

Injection drug use*
- Female: 2.7%
- Male: 4.5%

* Injection drug use refers to any use in lifetime, other indicators refer to past 30 day use
** Used pain killer “to get high” (like Vicodin, OxyContin (also called Oxy or OC), or Percocet (Percs))
Past 30-day Alcohol, Tobacco and Other Drug Use by Gender, Grades 9 – 12, 2007

- Current drinking: Female 44.2%, Male 42.0%
- Binge drinking: Female 26.6%, Male 28.0%
- Marijuana: Female 23.8%, Male 26.2%
- Cigarettes: Female 23.7%, Male 24.9%
- Prescription pain killer**: Female 10.8%, Male 12.2%
- Inhalants: Female 7.6%, Male 7.8%
- Cocaine: Female 4.1%, Male 6.7%
- Ecstasy: Female 5.8%, Male 10.7%
- Methamphetamine: Female 3.7%, Male 4.8%
- Heroin: Female 2.5%, Male 5.0%
- Injection drug use*: Female 2.7%, Male 4.5%

* Injection drug use refers to any use in lifetime, other indicators refer to past 30 day use
** Used pain killer “to get high” (like Vicodin, OxyContin (also called Oxy or OC), or Percocet (Percs))”

Alcohol and tobacco by gender
Nationally, boys have consistently had a higher prevalence of current marijuana use than girls.
Past 30-day Alcohol, Tobacco and Other Drug Use by Gender, Grades 9 – 12, 2007

- Female
- Male

- Inhalants: 7.6% (Female), 7.8% (Male) - No difference
- Cocaine: 4.1% (Female), 6.7% (Male) - ?
- Ecstasy: 5.8% (Female), 10.7% (Male) - Boys have higher prevalence of use
- Methamphetamine: 3.7% (Female), 4.8% (Male) - ?
- Heroin: 2.5% (Female), 5.0% (Male) - ?
- Injection drug use*: 2.7% (Female), 4.5% (Male) - ?

* Injection drug use refers to any use in lifetime, other indicators refer to past 30 day use
** Used pain killer “to get high” (like Vicodin, OxyContin (also called Oxy or OC), or Percocet (Percs))”
Past 30-day Alcohol, Tobacco and Other Drug Use by Gender, Grades 9 – 12, 2007

Boys and girls are similar: Inhalants
Boys have a higher rate than girls: Cocaine, Ecstasy, Methamphetamine, Heroin, Injection drug use*

These relationships have been consistent over most years of the Youth Risk Behavior Survey (started in 1991).

* Injection drug use refers to any use in lifetime, other indicators refer to past 30 day use
** Used pain killer “to get high” (like Vicodin, OxyContin (also called Oxy or OC), or Percocet (Percs))
**Past 30-day Drug Use by Race/Ethnicity, Grades 9 – 12, 2007**

- **Marijuana**
  - Hispanic: 25.2%
  - White: 19.8%
  - American Indian: 31.4%
  - African-American: 36.4%

- **Prescription pain killer**
  - Hispanic: 10.7%
  - White: 10.7%
  - American Indian: 10.8%
  - African-American: 21.5%

*Injection drug use refers to any use in lifetime, other indicators refer to past 30 day use*

**Used pain killer “to get high” (like Vicodin, OxyContin (also called Oxy or OC), or Percocet (Percs))**
Past 30-day Drug Use by Race/Ethnicity, Grades 9 – 12, 2007

*Injection drug use refers to any use in lifetime, other indicators refer to past 30 day use

**Used pain killer “to get high” (like Vicodin, OxyContin (also called Oxy or OC), or Percocet (Percs))
**Past 30-day Drug Use by Race/Ethnicity, Grades 9 – 12, 2007**

- **Methamphetamine**
  - Hispanic: 4.4%
  - White: 2.0%
  - American Indian: 5.6%
  - African-American: 12.5%

- **Heroin**
  - Hispanic: 3.8%
  - White: 1.8%
  - American Indian: 4.9%
  - African-American: 9.8%

- **Injection drug use***
  - Hispanic: 2.9%
  - White: 1.8%
  - American Indian: 6.4%
  - African-American: 8.9%

---

* Injection drug use refers to any use in lifetime, other indicators refer to past 30 day use
** Used pain killer “to get high” (like Vicodin, OxyContin (also called Oxy or OC), or Percocet (Percs))
Current Drinking by Grade Level
Grades 6 – 12, 2007

Middle School

87% increase

6th 7th 8th
15.6 24.9 29.2

High School

28% increase

9th 10th 11th 12th
38.4 42.8 44.7 49.0
Current Drinking, Grades 6 – 12, 2007

Middle School

- Not current drinker: 74.3%
- Current drinker: 25.7%

High School

- Not current drinker: 56.8%
- Current drinker: 43.2%
Binge Drinking Among Current Drinkers, Grades 6 – 12, 2007

Middle School

Binge drinker 64.1%
Not a binge drinker 35.9%

High School

Binge drinker 65.7%
Not a binge drinker 34.3%

Among the 25.7% who are current drinkers.

Among the 43.2% who are current drinkers.
Binge Drinking by Grade Level
Grades 6 – 12, 2007

Middle School

<table>
<thead>
<tr>
<th>Grade</th>
<th>Percent (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>6th</td>
<td>9.0</td>
</tr>
<tr>
<td>7th</td>
<td>16.1</td>
</tr>
<tr>
<td>8th</td>
<td>19.3</td>
</tr>
</tbody>
</table>

114% increase

High School

<table>
<thead>
<tr>
<th>Grade</th>
<th>Percent (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>9th</td>
<td>21.3</td>
</tr>
<tr>
<td>10th</td>
<td>27.7</td>
</tr>
<tr>
<td>11th</td>
<td>31.1</td>
</tr>
<tr>
<td>12th</td>
<td>31.4</td>
</tr>
</tbody>
</table>

47% increase
Current Cigarette Smoking by Grade Level, Grades 6 – 12, 2007

<table>
<thead>
<tr>
<th>Grade</th>
<th>Middle School</th>
<th>High School</th>
</tr>
</thead>
<tbody>
<tr>
<td>6th</td>
<td>8.5%</td>
<td>22.2%</td>
</tr>
<tr>
<td>7th</td>
<td>11.5%</td>
<td>24.1%</td>
</tr>
<tr>
<td>8th</td>
<td>16.3%</td>
<td>26.1%</td>
</tr>
<tr>
<td>9th</td>
<td></td>
<td>25.2%</td>
</tr>
<tr>
<td>10th</td>
<td></td>
<td></td>
</tr>
<tr>
<td>11th</td>
<td></td>
<td></td>
</tr>
<tr>
<td>12th</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

92% increase (9th – 11th)
Ever Used Marijuana by Grade Level
Grades 6 – 12, 2007

Middle School

High School

112% increase

27% increase

Percent (%)

<table>
<thead>
<tr>
<th>Grade</th>
<th>Middle School</th>
<th>High School</th>
</tr>
</thead>
<tbody>
<tr>
<td>6th</td>
<td>13.9</td>
<td>41.5</td>
</tr>
<tr>
<td>7th</td>
<td>21.2</td>
<td>45.7</td>
</tr>
<tr>
<td>8th</td>
<td>29.4</td>
<td>51.6</td>
</tr>
</tbody>
</table>

12th grade shows a 27% increase in marijuana use compared to 6th grade. Middle school shows a 112% increase.
Current Marijuana Use by Grade Level
Grades 6 – 12, 2007

Middle School

89% increase

6th 7th 8th
8.9 14.6 16.8

High School

16% increase
(9th – 10th)

9th 10th 11th 12th
22.6 26.2 25.9 25.4
Ever Used Cocaine by Grade Level
Grades 6 – 12, 2007

Middle School

<table>
<thead>
<tr>
<th>Grade</th>
<th>Percent</th>
</tr>
</thead>
<tbody>
<tr>
<td>6th</td>
<td>3.2</td>
</tr>
<tr>
<td>7th</td>
<td>5.5</td>
</tr>
<tr>
<td>8th</td>
<td>5.9</td>
</tr>
</tbody>
</table>

High School

<table>
<thead>
<tr>
<th>Grade</th>
<th>Percent</th>
</tr>
</thead>
<tbody>
<tr>
<td>9th</td>
<td>9.0</td>
</tr>
<tr>
<td>10th</td>
<td>9.4</td>
</tr>
<tr>
<td>11th</td>
<td>15.1</td>
</tr>
<tr>
<td>12th</td>
<td>13.6</td>
</tr>
</tbody>
</table>

84% increase (6th – 8th)
68% increase (9th – 11th)
### Poly-Substance Use
### Grades 9 – 12, 2007

All substances = binge drinking and past 30 day use of cigarettes, marijuana, prescription painkillers, cocaine, ecstasy, methamphetamine, heroin

<table>
<thead>
<tr>
<th>Number of Substances</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>None</td>
<td>60.4%</td>
</tr>
<tr>
<td>One substance</td>
<td>16.1%</td>
</tr>
<tr>
<td>2 – 3 substances</td>
<td>16.7%</td>
</tr>
<tr>
<td>4 or more substances</td>
<td>6.7%</td>
</tr>
</tbody>
</table>
Risk Behaviors by Number of Substances Used in the Past 30-Days, Grades 9 – 12, 2007

- Binge drinking
- Current cigarette smoking
- Current marijuana use
- Prescription pain killers
- Cocaine
- Ecstasy
- Methamphetamine
- Heroin

- Drink and drive
- Physical fighting
- Missed school due to safety issues
- Ever forced to have sex
- Persistent feelings of sadness and hopelessness
- Attempted suicide in the past 12 months

Percent (%) engaging in risk behavior

No substances
One substance
2 or 3 substances
4 or more substances

Binge drinking, current cigarette smoking, current marijuana use, prescription pain killers, cocaine, ecstasy, methamphetamine, heroin
Academic Measures by Number of Substances Used in the Past 30-Days, Grades 9 – 12, 2007

- Binge drinking
- Current cigarette smoking
- Current marijuana use
- Prescription painkillers
- Cocaine
- Ecstasy
- Methamphetamine
- Heroin

Percent (%) with academic characteristic:
- Gets mostly A's and B's:
  - No substances: 78.3%
  - One substance: 63.6%
  - 2 or 3 substances: 59.0%
  - 4 or more substances: 54.8%
- Highly motivated academically:
  - No substances: 84.5%
  - One substance: 74.3%
  - 2 or 3 substances: 67.2%
  - 4 or more substances: 54.8%
- High academic aspirations:
  - No substances: 84.5%
  - One substance: 74.3%
  - 2 or 3 substances: 67.2%
  - 4 or more substances: 54.8%
- Highly engaged in daily academic activities:
  - No substances: 74.3%
  - One substance: 67.2%
  - 2 or 3 substances: 54.8%
  - 4 or more substances: 54.8%

Binge drinking, current cigarette smoking, current marijuana use, prescription painkillers, cocaine, ecstasy, methamphetamine, heroin
Substance Use by Peers and Adult Acquaintances, Grades 9 – 12, 2007

- Most or all of friends use alcohol weekly: 12.6%
- Most or all of friends have ever used drugs such as marijuana or cocaine: 17.9%
- Knew adult who used drugs in the past year: 57.4%
- Knew adult who sold drugs in the past year: 40.4%

Little variation by gender, grade level, or race/ethnicity.
Number of Substances Used by Alcohol Use Among Peers Grades 9 – 12, 2007

- Binge drinking
- Current cigarette smoking
- Current marijuana use
- Prescription painkillers
- Cocaine
- Ecstasy
- Methamphetamine
- Heroin

Percent (%) who used number of substances:

- No substances: 64.8%
- One substance: 16.0%
- 2 or 3 substances: 27.8%
- 4 or more substances: 29.2%

Legend:
- None or some of friends drink alcohol once a week or more
- Most or all of friends drink alcohol once a week or more

Binge drinking, current cigarette smoking, current marijuana use, prescription painkillers, cocaine, ecstasy, methamphetamine, heroin
Numbers of Substances Used by Drug Use* Among Adult Acquaintances, Grades 9 – 12, 2007

- Binge drinking
- Current cigarette smoking
- Current marijuana use
- Prescription pain killers
- Cocaine
- Ecstasy
- Methamphetamine
- Heroin

* In the past year

<table>
<thead>
<tr>
<th>Substance Count</th>
<th>Did not know an adult who used drugs</th>
<th>Knew 1+ adult who used drugs</th>
</tr>
</thead>
<tbody>
<tr>
<td>No substances</td>
<td>78.6%</td>
<td>46.3%</td>
</tr>
<tr>
<td>One substance</td>
<td>11.7%</td>
<td>19.3%</td>
</tr>
<tr>
<td>2 or 3 substances</td>
<td>7.9%</td>
<td>23.8%</td>
</tr>
<tr>
<td>4 or more substances</td>
<td>1.9%</td>
<td>10.5%</td>
</tr>
</tbody>
</table>

Percent (%) who used number of substances
Number of Substances Used by Drug Sales* Among Adult Acquaintances, Grades 9 – 12, 2007

<table>
<thead>
<tr>
<th>Substances Used</th>
<th>Percent (%) who used number of substances</th>
</tr>
</thead>
<tbody>
<tr>
<td>No substances</td>
<td>Did not know an adult who sold drugs: 72.3%</td>
</tr>
<tr>
<td></td>
<td>Knew 1+ adult who sold drugs: 27.7%</td>
</tr>
<tr>
<td>One substance</td>
<td>Did not know an adult who sold drugs: 86.3%</td>
</tr>
<tr>
<td></td>
<td>Knew 1+ adult who sold drugs: 13.7%</td>
</tr>
<tr>
<td>2 or 3 substances</td>
<td>Did not know an adult who sold drugs: 91.7%</td>
</tr>
<tr>
<td></td>
<td>Knew 1+ adult who sold drugs: 8.3%</td>
</tr>
<tr>
<td>4 or more substances</td>
<td>Did not know an adult who sold drugs: 97.6%</td>
</tr>
<tr>
<td></td>
<td>Knew 1+ adult who sold drugs: 2.4%</td>
</tr>
</tbody>
</table>

* In the past year

Binge drinking, current cigarette smoking, current marijuana use, prescription pain killers, cocaine, ecstasy, methamphetamine, heroin
Mental Health Measures

2007 NM YRRS
Suicide attempts resulting in an injury have decreased slightly since 2003.
### Mental Health Indicators† - How Does NM Compare?, Grades 9 – 12, 2007

<table>
<thead>
<tr>
<th>Behavior</th>
<th>NM</th>
<th>US</th>
<th>Compared to US, NM rate is...*</th>
<th>NM rank compared to other states **</th>
</tr>
</thead>
<tbody>
<tr>
<td>Persistent feelings of sadness or hopelessness††</td>
<td>30.8%</td>
<td>28.5%</td>
<td>- ns -</td>
<td>4</td>
</tr>
<tr>
<td>Seriously considered attempting suicide</td>
<td>19.3%</td>
<td>14.5%</td>
<td>Higher</td>
<td>1</td>
</tr>
<tr>
<td>Made a suicide plan</td>
<td>15.1%</td>
<td>11.3%</td>
<td>Higher</td>
<td>3</td>
</tr>
<tr>
<td>Suicide attempt</td>
<td>14.3%</td>
<td>6.9%</td>
<td>Higher</td>
<td>1</td>
</tr>
<tr>
<td>Suicide attempt resulting in injury treated by doctor or nurse</td>
<td>4.8%</td>
<td>2.0%</td>
<td>Higher</td>
<td>1</td>
</tr>
</tbody>
</table>

* All indicators refer to the past 12 months
†† Felt so sad or hopeless every day for at least 2 weeks in a row that they stopped some usual activities

* Youth Risk Behavior Survey, CDC, 2007
** Based by 95% confidence intervals (ns = no statistically significant difference
*** Of the 39 states that participated in the 2007 YRBS, CDC; 1 = Highest Rate
Attempted Suicide by Other Mental Health Risk Factors, Grades 9 – 12, 2007

† All indicators refer to the past 12 months
†† Felt so sad or hopeless every day for at least 2 weeks in a row that they stopped some usual activities
For More Information

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- Reports at: http://www.YouthRisk.org