Service Description:
Services target infants and young children (birth to three) who have been comprehensively assessed by a licensed clinician and diagnosed with being at risk for a Severe Emotional Disturbance (SED). Children who are admitted for service before age 3 (36 months) remain eligible to receive services up to age 4 (48 months).

Infant/Early Childhood Mental Health (IECMH) Intervention Services target the dyadic relationship between the child and the parent (or primary caregiver). They are grounded in attachment theory and the science of brain development; they are relationship-based, developmentally appropriate, and trauma-informed. IMH treatment services are an array of therapeutic and developmental services designed to reduce both the acute and chronic behavioral, social and emotional disorders and disruptions in the relationship between an infant and parent (or primary caregiver), that are some of the most significant results of toxic stress and major trauma.

Target Population

Source of Funding
CYFD

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<tr>
<th>Source of Funding</th>
<th>CYFD</th>
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<tbody>
<tr>
<td>Infants and young children birth to 3 years of age may be enrolled, who:</td>
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<td>1. have had a Comprehensive Assessment by an independently licensed clinician identifying the need for this service;</td>
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<td>2. are deemed to be at risk for an SED diagnosis of a behavioral/emotional disorder within a Diagnostic Classification (DC:0-3R) framework, as indicated by a diagnostic interview examination, and cross-walked to an equivalent DSM-IV diagnosis – or meets the “At-Risk of SED” criteria, inclusive of “Significant behavioral, emotional, or mental health issues (including prodromal symptoms) that do not meet all of the Severe Emotional Disturbance (SED) criteria.” The child will exhibit multiple and substantiated risk factors (as documented by the independently licensed clinician), and either an acute or chronic adjustment disorder (adjustment disorder, acute, or adjustment disorder, chronic). Children who are admitted for service before age 3 (36 months) remain eligible to receive services up to age 4 (48 months).</td>
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Program Requirements
1. Before engaging in Infant/Early Childhood Mental Health intervention services, the infant or child must have a comprehensive intervention/treatment file containing the following:
   - One Diagnostic Evaluation
   - One individualized Service Plan that includes Infant/Early Childhood Mental Health interventions.
2. At least 80% of Infant/Early Childhood Mental Health services need to be provided in vivo at least monthly in the home or other settings natural to the infant and family (or primary caregiver).
3. Infant/parent mental health intervention services must be provided by an endorsed infant mental health specialist.

4. Service delivery is focused on infant and parent (or primary caregiver) interactions and the relationship needs of the infant, or toddler – on the dyadic relationship between the infant and the parent (or primary caregiver). The initial assessment identifies recommendations for service strategies.

5. Each Infant Mental Health provider must address, at minimum:
   a. Increasing parent(s’) / adult caretakers’ ability to consistently and appropriately provide for the child’s basic emotional needs for comfort, stimulation, affection, and safety;
   b. Increase infant’s / child’s ability to initiate and respond to most social interactions in a developmentally appropriate way;
   c. Increase infant’s / child’s ability to socially discriminate and be selective in choice of attachment figures.
   d. Provide parent/infant interaction in order to encourage language and play, interpretation of an infants behavior and reinforcement of a parents/caregivers appropriate actions and interactions.
   e. Provider must also provide crisis intervention services as appropriate.
   f. See - Diagnostic Classification of Mental Health and Developmental Disorders of Infancy and Early Childhood: Revised Edition (DC:0-3R) for related therapeutic issues.

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<th>Provider Requirements</th>
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<td>Services must be provided by a provider organization or independent licensed practitioner, meeting standards established by the Behavioral Health Collaborative and/or requirements by funding source. Agency providers must be a legally recognized entity in the United States or a Sovereign Tribal Nation, qualified to do business in New Mexico or in a Sovereign Tribal Nation located within the state boundaries of New Mexico.</td>
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### Staffing Requirements

Anyone providing this direct service must do so in accordance with applicable licensing standards.

**Minimum Staff Qualifications:**
- Bachelors Degree in Social Services, Early Childhood Education, Nursing or related field.
- Endorsed by the New Mexico Association for Infant Mental Health at Level 2, 3 or 4; or, must obtain provisional certification from the Children, Youth and Families Department, and complete the full endorsement process to achieve Level 2, 3 or 4 endorsement within 24 months.

**Minimum Staff Experience:**
- Must have 2 years supervised work experiences providing relationship-based infant mental health services within 24 months.

**Supervision Requirements:**
- Must document monthly clinical individual and/or group supervision/consultation.

**Supervisor Requirements**
- Independently Licensed Master’s Level Clinician (LPCC, LMFT, LISW) or Licensed Clinical Psychologist, CNS or RN with a Masters or certification in psychiatric nursing; or a Licensed or Board Eligible Psychiatrist; and,
- IMH endorsed at Level 3 or 4 by New Mexico’s Association for Infant Mental Health; or, must obtain provisional certification from the Children, Youth and Families Department and complete the full endorsement process to achieve Level 3 or 4 endorsement within 24 months.

### Documentation Requirements

Programs must provide the standard documentation in the individual client files in addition to the following:
- Diagnostic Evaluation
- Individualized Service Plan
- Progress Notes that reflect the array of services provided
- Discharge or transition plan that documents the need for any continuation or support services.

Note: all of the above documents need to be legible, have time-spans of provided services stated, and contain the signature and licensure of the practitioner rendering the service.

### Service Exclusions

This service may not be billed in conjunction with:
- Multi-systemic Therapy
- Accredited Residential Treatment
- Residential Treatment Services
- Group Home services
- Inpatient Hospitalization
- Partial Hospitalization
- Individual and family outpatient therapies
- Recreational outings
- Travel time, report writing
- T1027
- CYFD-003
- CYFD-005

### Admission/Service Criteria

Infants/toddlers/young children age birth to three (36 months) at time of assessment and enrollment/initiation of treatment plan, and their parents (or primary caregiver), who are determined to be at risk of
New Mexico Interagency Behavioral Health  
CYFD Service Requirements and Utilization Guidelines

<table>
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<tr>
<th><strong>Continuing Service Criteria</strong></th>
<th>SED or mental health diagnosis and experiencing disruptions in the relationship due to infant/toddler and/or parental/caregiver vulnerabilities. Children may receive services up to 48 months of age.</th>
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<tr>
<td><strong>Discharge Criteria</strong></td>
<td>Treatment goals and objectives are being met but symptoms are still present and there is still progress to be made. Once enrolled, children remain eligible for these services until their fourth birthday.</td>
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</table>
| **Service Authorization Period** | Parent(s) Completes Treatment Plan  
Parent(s) ends services  
Parent(s) moves out of provider coverage area  
No progress is achieved, a referral is indicated for further assessment regarding treatment. |
| **Service Authorization Unit** | Services will be reviewed annually. |
| **Benefit Limits**             | $ 31.73 Per 15 minutes  
Exhaust when the child reaches four years old (48 months) of age. |