## Service Definition:

Methadone administration and/or service programs provide Opioid Replacement Treatment (ORT) or Opioid Maintenance Treatment (OMT) services including, but not limited to, the administration of methadone (opioid replacement medication) to an individual for detoxification from opioids and/or maintenance treatment. The administration/supervision must be delivered in conjunction with the overall treatment milieu, which must include counseling/therapy, case review, and medication monitoring. This service definition includes the provision of the methadone.

### Source of Funding

| HSD/BHSD |

### Target Population

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<tr>
<th>Individuals 18 and older who are assessed by the Opioid Treatment Program (OTP) Medical Director as opioid dependent as evidenced by:</th>
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<tr>
<td>• Self-reported Opioid use for over 1 year; and</td>
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<td>• Physical signs of addiction, including:</td>
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<td>o Significant levels of tolerance of Opioids;</td>
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<td>o Symptoms of withdrawal with the abrupt discontinuation of opioid substances; and</td>
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<td>o Visible signs of prolonged self-administration; and</td>
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<td>o Presence of opioids in a urinalysis.</td>
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### Program Requirements

**Basic services**

The OTP must provide a dose of methadone on a daily basis (the dose is prescribed by the Medical Director and is adjusted to meet the patient's need.

**Clinical service requirements**

The OTP must also provide clinical services, i.e.

1. Assessment,
2. Treatment planning,
3. Documentation of services rendered,
4. Community support services,
5. Referrals for HIV/AIDS testing,
6. Counseling,
7. Evaluation,
8. Treatment for Hepatitis B and C, and sexually transmitted diseases.

### Provider Requirements

- ORT/OMT must be delivered by providers functioning under a defined set of policies and procedures, including admission, discharge and continued service criteria stipulated by State law and regulations, Drug Enforcement Agency (DEA) Regulations, and Substance Abuse and Mental Health Services Administration (SAMHSA) Regulations.
- The Opioid Treatment Program (OTP) must be licensed by the Drug Enforcement Agency; must have accreditation from a nationally recognized body, i.e., The Commission on the Accreditation of Rehabilitation Facilities (CARF), the Joint Commission on the Accreditation of Healthcare Organizations (JCAHO), or the Committee for Accreditation (COA); and meet the Certification requirements of the, Substance Abuse and Mental Health Administration, Center for Substance Abuse.
### New Mexico Interagency Behavioral Health
#### Service Requirements and Utilization Guidelines

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<th>Staffing Requirements</th>
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<td>• The provider must be a legally recognized entity in the United States, qualified to do business in New Mexico, and must meet standards established by the State of NM or its designee, and requirements of the funding source.</td>
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Both clinical services and supervision by licensed practitioners must be in accord with their respective licensing board regulations.

**Programs must be staffed by:**
- Medical Director; *(The Medical Director must be an M.D. licensed to practice in the State of New Mexico or a D.O. licensed to practice in the State of New Mexico.)*
- Clinical Director;
- Licensed behavioral health practitioner;
- Registered nurse; or
- Licensed practical nurse; and
- Full time or part time pharmacist.

**Clinical Director** must be one of the following:
- Licensed psychologist; or
- Licensed independent social worker (LISW); or
- Clinical nurse specialist in psychiatric nursing (CNS); or
- Registered nurse with a master in psychiatric nursing; or
- Licensed professional clinical mental health counselor (LPCC); or
- Licensed marriage and family therapist (LMFT).

**Clinical Staff**
Licensed therapist(s) who meet one of the qualifications for Clinical Director, or possess one of the following licenses:
- Licensed Master of Social Work (LMSW); or
- Licensed Professional Mental Health Counselor (LPC); or
- Licensed Mental Health Counselor (LMHC); or
- Licensed Drug and Alcohol Abuse Counselor (LADAC).
### New Mexico Interagency Behavioral Health Service Requirements and Utilization Guidelines

#### Documentation Requirements

In addition to the standard client record documentation requirements for all services, the following is required for this service:

For the Patient:
- A signed form regarding confidentiality;
- Signed consent forms for sharing of information with appropriate individuals or agencies, i.e., probation and parole, primary care, etc.;
- Signed forms regarding:
  - Patient rights;
  - Causes for involuntary termination of treatment;
  - Program policies regarding patient care;
  - Assessment forms
  - Treatment plan;
  - Progress notes, which must reflect progress toward treatment goals;
  - Case reviews;
  - Discharge plan.

For the OTP:
- Signed forms regarding:
  - The patient's dose (amount, time and date of dose);
  - Change in dosage (approved by the OTP Medical director);
  - Results of urinalysis;
  - Prescriptions for drugs other than methadone;
  - Confidentiality of records; and
  - Cause for involuntary termination of treatment (if applicable).
  - Amount of methadone stored in the OTP's safe;
  - Any loss or spillage of methadone;
  - Doses provided to patients on a daily basis;
  - License for clinicians, physicians, nurses and pharmacist;
  - All documentation required by State regulations, the Drug Enforcement Agency, CARF, or JCAHO, or COA and SAMHSA/CSAT.

#### Service Exclusions

This service shall not be provided to:
- Any patient who is not assessed as opioid dependent or appropriate for ORT;
- Individuals under 18 years of age;
- Anyone receiving another opioid agonist/antagonist drug (buprenorphine); or
- Any one registered at more than one OTP.

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<th>Admission/Service Criteria</th>
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<th>Discharge Criteria</th>
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