Test Your Knowledge
About Mental Illness

✓ True
Answer the following questions True or False:

✓ False

1. Serious mental illness can happen to any family.

2. The suicide rate for people who suffer from mental illness is 10%.

3. Psychopath and psychotic mean the same thing.

4. The great majority of people with mental illness are not violent.

5. Abuse of drugs and alcohol may be a way people with mental illness medicate themselves to relieve their symptoms.

6. Mental illness and mental retardation are the same thing.

7. People with mental illness can really pull themselves together and be normal if they try hard enough.

8. Mental illness strikes one in five people at some point in their lives.

9. Mental illness is a physical illness affecting the brain.

10. All people with mental illness live in their own world and are out of contact with reality all of the time.